

Recreation Facilitator: Kirsten Ext. 302 / kdittmann@ioof.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pet Therapy Tuesdays and Fridays in the TV Lounge. No Pet Therapy the 4th Friday of the month.	October Birthdays Rena Hopkins 5th Gregory Enright 9th Cluney "Joe" Legge 16th Donald Wood 23rd Olive "Nancy" Emms 26th		1 9:30am Stroke Program - TR 10:30am Virtual Church Service - AUD	2 1:15pm Flex and Stretch - AUD 3:00pm Ukrainian Live Music - TV L Fall Decoration Day	3 10:00am Surprise Bingo - AUD 2:00pm iTune In - DTD 3:00pm Meditation - TV L	4 10:00am Word Games - AUD 2:00pm Funny Flicks - Vari
5 11:00am Jokes of the Day - Vari 3:00pm Hymn Sing - TV L 	6 10:00am Resident Council & Food Committee Meeting - AUD 11:00am 1:1 connection - DTD 1:15pm Flex and Stretch - AUD 2:00pm Walk With Me - Vari 2:30pm Relaxing Hands - DTD 3:00pm Furry Friends - Vari	7 1:00pm Seated Soccer - Acti 1:30pm Fall Colour Tour 3:00pm Ted Talks - TV L 6:00pm Music Entertainment with Bob Cook 	8 9:30am Stroke Program - TR 10:30am Church Service with Tony Her-AUD 2:00pm Mini Horse Visit - AUD 	9 9:00am Ball Games - Acti 10:00am Fancy Fingers - DTD 10:00am Sing a Long - TV L 1:15pm Flex and Stretch - AUD 2:00pm Furry Friends - Vari	10 10:00am Thanksgiving Bingo - AUD 1:00pm Comfort Shoe Haven Sale 	11 10:00am Tuck Shop Voucher Bingo - AUD 2:00pm Jokes of the Day - Vari
12 3:00pm Hymn Sing - TV L 	13 Thanksgiving 11:00am Chair Dancing - TV L 2:00pm Thanksgiving Social - AUD 2:30pm Relaxing Hands - DTD	14 11:45am Lunch Outing to Kelsey's 1:00pm Name that Tune - Acti 3:00pm Walk and Talk - Vari 6:00pm Movie Night - The Call of The Wild - TV L	15 9:30am Stroke Program - TR 10:30am Church Service with Tony Her - AUD 2:00pm Birthday Party with Paraguinns - AUD	16 9:00am Ball Games - Acti 11:00am Roman Catholic Communion - AUD 1:15pm Flex and Stretch - AUD 3:00pm Tim Hortons - Vari	17 9:30am Treat Bingo - AUD 	18 10:00am Halloween Movie Matinee: Goosebumps - AUD 2:00pm Walk and Talk - Vari
19 11:00am Jokes of the Day - Vari 3:00pm Hymn Sing - TV L 	20 Diwali 10:00am Exercise Trivia - TV L 11:00am 1:1 connection - DTD 1:15pm Flex and Stretch - AUD 2:00pm Travel Experiences: India - AUD 2:30pm Relaxing Hands - DTD	21 1:00pm Ted Talks - TV L 1:30pm Shopping to Walmart 2:00pm Fancy Fingers - Priv 3:00pm Walk and Talk - Vari 6:00pm Music Entertainment with James Skarnikat - AUD	22 9:30am Stroke Program - TR 10:30am Church Service with Tony Her - AUD 2:00pm Tea Social: FL 	23 9:00am Ball Games - Acti 10:00am Fancy Fingers - DTD 11:00am Fancy Fingers - Priv 1:15pm Flex and Stretch - AUD 3:00pm Reminiscing - Acti	24 10:00am Boo Bingo - AUD 12:00pm Swiss Chalet Order In Luncheon: AUD 3:00pm Ted Talks - TV L	25 10:00am Active Games - AUD 2:00pm Virtual Church Service - Dini
26 11:00am Hymn Sing - TV L 	27 10:00am Guided Art - AUD 1:15pm Flex and Stretch - AUD 2:00pm Funny Flicks - TV L 2:30pm Relaxing Hands - DTD 3:00pm Chair Yoga - TV L	28 11:00am St. George Anglican Church - AUD 11:45am Lunch Outing to St. Louis Bar and Grill 1:00pm Seated Soccer - Acti 2:00pm Brainteasers - Vari 3:00pm Adult Colouring - Acti 3:00pm Walk With Me - Vari 6:00pm Night Time Tales - Vari	29 9:30am Stroke Program - TR 10:30am Church Service with Tony Her - AUD 2:00pm Virtual Games - Acti 	30 10:30am Choir - AUD 1:15pm Flex and Stretch - AUD 2:00pm Fancy Fingers: DTD 	31 Happy Halloween 8:00am Calendar Delivery - DTD 12:00pm Halloween Costume Parade 2:00pm Halloween Party with Ed Smith - AUD	 Happy Halloween